

November 2019

Home Care for all Needs

Before we talk about choosing between home care and out-of-home care, we should probably talk about the types of care available to people looking for help as they age. Each person's situation is unique, and this will factor into the type of care they want and need.



It may help to walk through some scenarios that families find themselves in and use them to guide your decision-making as you choose your next step

[Read More](#)

Leaving a Legacy: Finding Meaning



Putting life in order in old age is a challenging, crucial and rewarding task. Most of us would want to leave behind more than garage sale giveaways. The elderly leave us a priceless gift when they bestow their knowledge, skills and history to family and beloved friends.

Helping a person with the task of leaving a legacy is an opportunity to benefit everyone involved. Many families and individuals wait until it is too late.

[Read more](#)

Accommodating Couples in Long Term Care

Separating couples in long-term care: Some nations call it inhumane, in most of Canada it's routine in provincially funded long term care homes.

It's a dilemma for Canadian couples - to get funded long-term care, they're often forced to live apart. It is a situation many couples across Canada face: when one senior needs more care than the other, they are often separated by a long-term care system that isn't built to handle varying needs.

However at Exquisicare we have rooms that are suited to accommodate couples who wish to remain together even if their care needs are widely varied. Whether

one spouse is still mostly independent in his or her care needs we can provide the support and respite to them in caring for their spouse who may be less independent. This is part of our core values of:

LOVE ~ REVERANCE ~ FAMILY.

[Read More on CBC News](#)

Recreation & Activities

Our residents enjoyed some summer time fun in August with our backyard "Pool Party"! Our Life Enrichment Coordinator, Liz, puts together some awesome, engaging and fun activities for our residents and staff!



"Age is merely the number of years the world has been enjoying you."

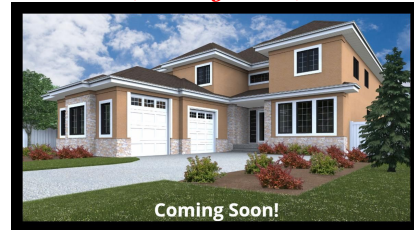
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Our Home Care Services



WINDSOR PLACE

(coming soon!)



We are excited to announce that we have broke ground on our 3rd Senior Living home; Windsor Place. We are anticipating welcoming our new residents home in June 2020, and are accepting applications.

Please email dawnharsch@exquisicare.com for more information on the wait list.

Quick Links

[Alzheimers Society](#)

[Alberta Continuing Care Association](#)

[Alberta Senior Citizens Housing Association](#)

[Alberta Council on Aging](#)

**FORWARD
TO A FRIEND**

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OUR MAILING LIST**

